



ESTONIAN DRUG POLICY 2030

THE WHITE PAPER



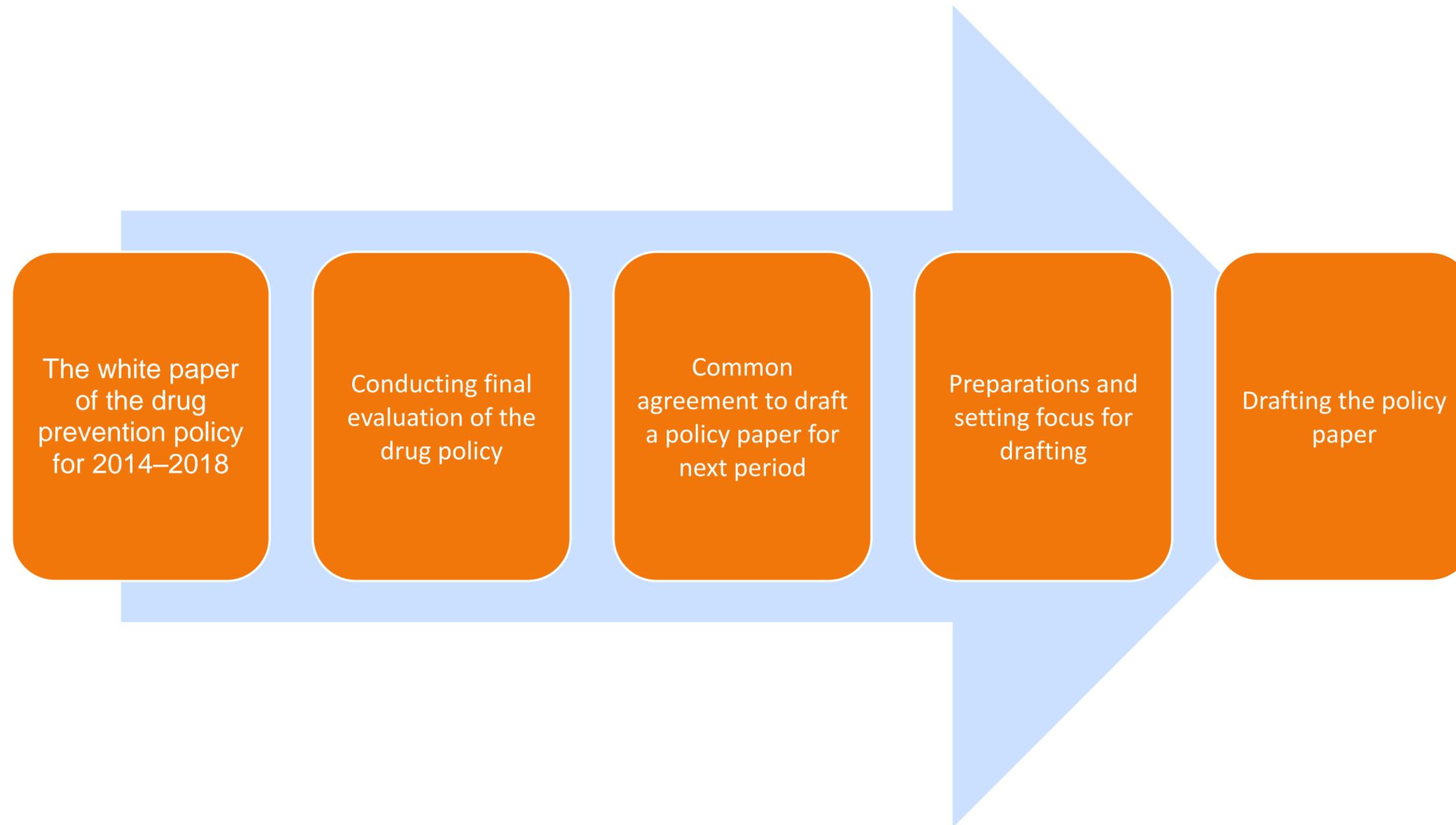


ESTONIAN DRUG POLICY 2030

Estonian Drug Policy 2030 is a strategic document which sets Estonia's most important goals in the field of illicit drugs, which we can work together on over the next decade.



PROCESS ITSELF





The task of preparing the Drug Policy paper was approved by the Drug Prevention Committee of the Government of the Republic. The document has been prepared by the expert working group of the Committee, with the engagement of state authorities, stakeholders, representatives of people who use drugs, and others.

The Policy was prepared on the basis of conclusions and proposals presented in the report on the final assessment of The white paper of the drug prevention policy for 2014–2018. It also takes into account experts' recommendations in the course of several rounds of interviews and discussions.

The agreements established in this document form a basis for planning activities in the field of illicit drugs as well as the resources necessary. The principles presented in this document are intended to be implemented primarily by state institutions, while close cooperation with all the stakeholders is required.

THE PRINCIPLES PRESENTED IN THIS DOCUMENT ARE INTENDED TO BE IMPLEMENTED PRIMARILY BY STATE INSTITUTIONS, WHILE CLOSE COOPERATION WITH ALL THE STAKEHOLDERS IS REQUIRED.

THE MAIN POINTS OF REFERENCE IN CREATING Estonian Drug Policy

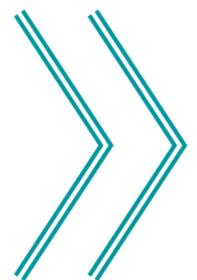


THE MAIN POINTS OF REFERENCE IN CREATING ESTONIAN DRUG POLICY



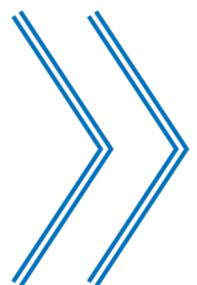
ESTONIAN DRUG POLICY IS AMBITIOUS

and in the coming decade dares to focus on problems that are not easy to solve. For this purpose, the document formulates the objectives in a bold and concrete manner, so as to engage and inspire action.



DRUG POLICY IS A PRIORITY ACROSS THE AREAS.

Achieving the objectives requires the joint efforts of government authorities – good results are not achieved in isolation. For this purpose, the document states five major goals towards which to strive together.



IN ORDER TO IMPLEMENT THE DRUG POLICY, MORE EFFORT MUST BE PUT TO ADVOCACY

to ensure public support and the willingness of decision-makers to fulfil the goals of the policy. For the policy to engage the wider public and be understood by everyone, this document has been prepared as concrete and compact as possible.

VISION of the drug policy

Where would we like to be in ten years?



VISION OF THE DRUG POLICY

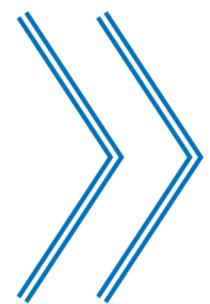


By 2030 the use of drugs **AND RELATED HARMS ARE ON A PERMANENT DECLINE IN ESTONIA.**



By 2030, people who use drugs **RECEIVE COMPREHENSIVE AND NECESSARY HELP IN ESTONIA.**

In the case of offences by people who use drug **SUPPORT IS PREFERRED TO COERCIVE SANCTIONS.**



By 2030, services and interventions in the area of drug use have become **A NATURAL PART OF HEALTH, SOCIAL, EDUCATION AND LAW ENFORCEMENT SERVICES IN ESTONIA.**

PRINCIPLES OF the drug policy

What will the implementation of all our activities be based on?



PRINCIPLES OF THE DRUG POLICY



WHAT IS OUR ATTITUDE TOWARDS PEOPLE WHO USE DRUGS?

- We will increase attitude and understanding in society that people who use drugs are people who need help.
 - We do not use derogatory or exclusionary language when referring to people who use drugs; we treat all people with respect.
 - We will make seeking help and contacting the family physician a normality in the case of a drug problem.
 - We understand that the path from dependence to recovery may be long and difficult, with relapses.
 - We will make helping people who use drugs the first priority for law enforcers.
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PRINCIPLES OF THE DRUG POLICY



HOW DO WE WORK?

- We care and notice, in order to determine the reasons for drug use as early as possible and prevent the problem from growing.
- We will plan activities and offer help on the basis of people's needs.
- We will measure the impact of our activities in order to use state funding in employing evidence-based measures that yield results. We will discontinue inefficient activities.
- We will make working with people who use drugs more attractive and value those workers.
- We will ensure the accessibility of narcotic and psychotropic medicine for people who need it for treatment.
- We will ensure the training of a sufficient number of specialists.
- We will agree at the state level what our roles and responsibilities are and will jointly maintain this as a priority area, ensuring the necessary resources.

Drug Policy

PRIORITIES AND OBJECTIVES



PREVENTION

OBJECTIVE

By 2030, we have replaced project-based prevention with systematic and sustainably financed activities.

SUPPORT AND TREATMENT

OBJECTIVE

By 2030, helping people who use drugs has been integrated into the healthcare, social and education systems in Estonia.

HARMS

OBJECTIVE

By 2030, no one dies in Estonia as a result of drug use.
#zerovision

MARKET AND SUPPLY

OBJECTIVE

By 2030, we are able to significantly reduce the availability of drugs to young people in Estonia.

LAWS AND CRIMINAL JUSTICE

OBJECTIVE

By 2030, the penal policy supports the reduction of health harms related to the use of drugs.

Drug Policy

PRIORITIES AND OBJECTIVES



PREVENTION	SUPPORT AND TREATMENT	HARMS	MARKET AND SUPPLY	LAWS AND CRIMINAL JUSTICE
<p>OBJECTIVE</p> <p>By 2030, we have replaced project-based prevention with systematic and sustainably financed activities.</p>	<p>OBJECTIVE</p> <p>By 2030, helping people who use drugs has been integrated into the healthcare, social and education systems in Estonia.</p>	<p>OBJECTIVE</p> <p>By 2030, no one dies in Estonia as a result of drug use.</p> <p>#zerovision</p>	<p>OBJECTIVE</p> <p>By 2030, we are able to significantly reduce the availability of drugs to young people in Estonia.</p>	<p>OBJECTIVE</p> <p>By 2030, the penal policy supports the reduction of health harms related to the use of drugs.</p>
<p>TOP 3 GOALS</p> <ul style="list-style-type: none"> How can we ensure that all the preventive interventions used in the area are effective? How do we reach more people with effective preventive work? How do we ensure basic and further training for preventive work specialists? 	<p>TOP 3 GOALS</p> <ul style="list-style-type: none"> How do we ensure that those who need help are noticed early and the timely availability of services is ensured for them? How do we create a system where receiving the needs-based services and moving between the services is simple and convenient for people? How do we offer wider range of needs-based treatment and support services? 	<p>TOP 3 GOALS</p> <ul style="list-style-type: none"> How do we reduce health harms and accidents related to drug use? How do we achieve the continued decrease in deaths caused by overdoses? How do we warn people who use drugs of new and particularly dangerous substances? 	<p>TOP 3 GOALS</p> <ul style="list-style-type: none"> How do we prevent the introduction of different drugs to the market? How do we limit the activities of criminal organisations in Estonia? How do we adapt to global cannabis trends? 	<p>TOP 3 GOALS</p> <ul style="list-style-type: none"> How do we ensure enough services and programmes as alternatives to coercive sanctions? How do we shape drug and criminal laws to support a decrease in health harms? How do we provide better assistance to people who use drugs who have ended up in the criminal system?

Few of the actions..

WE ADVOCATE FOR THE PRIORITY AND RESOURCES OF THE DRUG POLICY



- Ensure the sustainable funding for the evidence-based prevention
- Work closely together to get rid of unnecessary overlapping of activities
- Engage wider society in important discussions to reduce stigmatization and ignorance.

WE VALUE WELL-BEING AND GOOD HEALTH OF ALL

- Ensure targeted services for people who use drugs, including cannabis, stimulant and hallucinogens users, and take account of their other related health problems.
- Create services that provide safer consumption of drugs.
- Focus on reducing the risks of nightlife drug consumption, including early warning mechanisms of harmful substances.



WE TACKLE THE AVAILABILITY OF ILLICIT DRUGS



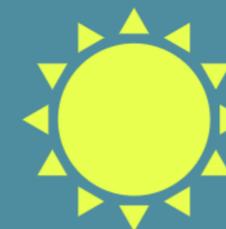
- Keep as a priority the new ways drugs are being marketed, sold and trafficked, like using the internet, postal parcels and couriers.
- Put more effort into disrupting international trafficking and confiscation of criminal assets.
- Enforce a flexible law enforcement and criminal policy, especially for minor offences like use of drugs and possession for self-use.

WE PUT MORE EFFORT AND RESOURCES INTO PREVENTION AND EARLY DETECTION OF PROBLEMS.

- Make evidence-based prevention interventions more available, so practices that don't work will be replaced.
- Ensure that services and prevention interventions are available regardless of one's language, place of living or cultural beliefs.
- Develop more wider array of modes to engage young people and help them.



WE VALUE AND SUPPORT THOSE WHO WORK WITH PEOPLE WHO USE DRUGS.



- Ensure that the study programs and training is based on the best available knowledge on prevention.
- Encourage that those working in healthcare and social field have the necessary knowledge and skills about drug use and addiction.
- Advocate for sufficient availability of mental health specialists and access to services.

**Contact me for further questions
or information:**

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