

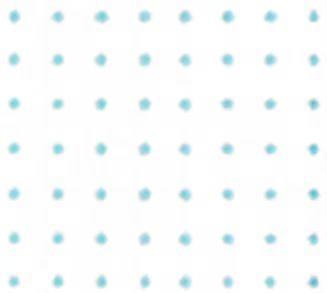
LIV **LÍVÍD**





A short introduction

and a few pictures to brighten
your day



LIV LÍVÍD

Live life to the fullest



OUR APPROACH TO PREVENTION

We work to prevent alcohol- and drug-related harm among young people by:

- Helping **young people** build life skills, thrive in supportive communities, connect with trusted adults and delay their first alcoholic drink.
- Helping **Parents** set clear boundaries and building strong relationships with their children.
- Mobilising **communities** to work together and advocate for policies and spaces that support prevention.

THE YOUTH

What makes Liv Lívið distinctive is the combination of settings in which we meet young people and we believe this is what makes Liv Lívið stand out. We meet them at:



Schools



Youth centres



Festivals (with our “bingju” and our alcoholfree bar)



Social media



Churches



Cultural events in local communities



Hollywood (our own youth facility)



other clubs and community groups (f.ex. Tabletop)







Our work is to:

01

Strengthen young people

02

Create supportive
environments.

03

Keep showing up.

